



GET, SET, CYCLE

Lacking confidence on two wheels?

Don't worry, the Safer Essex Roads Partnership provide one to one cycle confidence courses or training for anyone who would like to learn?

Instructors based all over the county.

Sessions are tailored to your individual level of experience. Arranged at a time and place convenient for you.

Visit <https://saferessexroads.org/road-users/cycling/> to book or for more information.