

Wyburns Primary School



RSE Policy

Our school works in accordance with the PREVENT Duty and approaches this issue in the same way as any other child protection matter. Any concerns that one of our pupils is at risk in this respect, will be referred to Children's Social Care in line with the SET procedures.

Wyburns Primary School is a Rights Respecting School. Our policies are underpinned by the UNCR.

Article 29(goals of education)

- *Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.*

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| Date Policy Created | September 2014 |
| Reviewed: | Summer 24/ March 2026 |
| To review: | Spring 2028 |

1. Aims

At **Wyburns Primary School**, the ultimate aim of our curriculum is to provide an education that enables our pupils' attainment, independence and maturity to develop so they can achieve their future personal goals and feel inspired to continue their education. Personal, Social and Health Education (PSHE) and Relationships and Sex Education (RSE) are central to achieving this aim.

The rationale for the importance of RSE is as follows:

- To ensure that the teaching of PSHE and RSE promotes the spiritual, moral, social, cultural, mental and physical development of our pupils at school and within the wider community.
- To ensure that pupils develop the language skills, knowledge, understanding and confidence needed to express themselves and manage the challenges and changes they will experience as they grow into adulthood.
- To ensure that high-quality, evidence-based and age-appropriate teaching effectively prepares pupils for the opportunities, responsibilities and experiences of adult life.
- To ensure that RSE education is accessible to all pupils, including those with special educational needs and disabilities (SEND). When planning provision for pupils with SEND, we refer to the guidance on preparing for adulthood outcomes as outlined in the SEND Code of Practice.

2. Statutory Requirements

As a primary academy school, it is a statutory requirement to provide Relationships Education to all pupils as set out in the **Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019**, made under sections 34 and 35 of the Children and Social Work Act 2017.

At **Wyburns Primary School**, we offer all pupils a varied and creative curriculum, which includes elements of sex education that occur naturally within the science curriculum.

We teach RSE in accordance with this policy. Our PSHE curriculum is supported by the Kapow Primary PSHE and RSE Scheme, through which pupils develop the knowledge, skills and attributes needed to keep themselves healthy and safe while preparing them for life and work.

This programme reflects statutory guidance and covers all aspects of Relationships Education and Health Education in an age-appropriate way.

3. Policy Development

This policy has been developed in consultation with staff, pupils and parents. The consultation and development process involved the following stages:

1. **Review** – The PSHE subject lead and working group reviewed relevant national and local guidance.
2. **Staff Consultation** – All staff were given the opportunity to review the policy and provide feedback.
3. **Parent and Stakeholder Consultation** – Parents and other interested stakeholders were invited to comment on the policy and suggest updates.
4. **Pupil Consultation** – Pupils' views were gathered through discussions with the School Council.
5. **Ratification** – Following amendments, the policy was shared with governors and formally ratified.

This policy will be reviewed annually by the PSHE subject lead and the Designated Safeguarding Leads. At each review, the policy will be approved by the Governing Body.

4. Definition

Relationships Education at **Wyburns Primary School** involves teaching pupils about the characteristics of positive relationships, including families, friendships, safe relationships and respect for ourselves and others.

By the end of primary school, pupils will have developed a secure understanding of:

- Families and people who care for them
- Caring friendships
- Respectful relationships
- Online relationships and how to stay safe online

Further information can be found in **Appendix 1**, which outlines the full programme of study.

Sex Education at **Wyburns Primary School** follows guidance from the Department for Education to

prepare pupils for the transition to secondary school and the changes associated with puberty. This teaching is additional to the National Curriculum for Science and is not compulsory in primary education.

Our approach to sex education includes:

- Teaching in accordance with the law and with consideration of pupils' age, maturity, religious background and developmental needs.
- Ensuring pupils are prepared for the physical and emotional changes of adolescence.
- Linking learning to relevant areas of the science curriculum.
- Including age-appropriate discussion that reflects the diversity of modern society and family structures.
- Consulting parents and inviting them to view resources prior to the Year 6 programme.
- Respecting parents' right to withdraw their child from the non-statutory elements of sex education.

5. Curriculum

Our PSHE curriculum is outlined in **Appendix 1**. Where appropriate, learning is integrated into wider thematic units, with additional lessons provided to ensure full coverage of the statutory curriculum.

The curriculum is based on the **PSHE Association's core themes**:

- Health and Wellbeing
- Relationships
- Living in the Wider World

Teaching takes into account the age, needs and feelings of pupils.

If pupils ask questions that fall outside the planned curriculum, teachers will respond in an appropriate and age-sensitive way to ensure pupils receive accurate information and are discouraged from seeking potentially unreliable information online.

6. Delivery of RSE

RSE is taught primarily through the PSHE curriculum. Biological aspects are taught through the science curriculum, while some aspects may also be explored within Religious Education (RE).

All pupils receive Relationships and Health Education as part of their PSHE learning. The programme is delivered in a spiral curriculum, meaning that key themes are revisited each year with increasing depth and complexity.

Teaching is delivered within the context of family life and reflects the diversity of families in modern society. Care is taken to ensure that no pupil feels stigmatised based on their home circumstances. Families may include:

- Single-parent families
- Families with same-sex parents
- Families headed by grandparents
- Adoptive or foster families
- Other caring arrangements

Some pupils may be more vulnerable to exploitation or bullying due to additional needs. Where appropriate, lessons are adapted to ensure accessibility and understanding for pupils with SEND.

Year 6 pupils receive additional sessions on sex education using resources from the Kapow programme. These sessions may be delivered by trained school staff or qualified health professionals. Some sessions may take place in smaller or single-gender groups to ensure pupils feel comfortable asking questions in a supportive environment.

7. Roles and Responsibilities

Governing Body

The Governing Body will:

- Approve the RSE policy and monitor its implementation.
- Ensure the curriculum is delivered to a high standard.
- Ensure the subject is appropriately resourced and timetabled so the school meets its statutory

obligations.

Head of School and EHT

The Head of School and Executive Headteacher are responsible for:

- Ensuring RSE is taught consistently across the school.
- Managing requests from parents to withdraw pupils from non-statutory elements of RSE.

PSHE Subject Lead

The PSHE subject lead is responsible for:

- Implementing, monitoring and evaluating the RSE curriculum across the school.
- Providing guidance and training for staff where required.
- Ensuring the curriculum is accessible for all pupils.

Teaching Staff

Teaching staff are responsible for:

- Delivering RSE in a sensitive and inclusive manner.
- Modelling positive attitudes towards relationships and wellbeing.
- Monitoring pupils' progress.
- Responding to the needs of individual pupils.
- Respecting parental decisions regarding withdrawal from non-statutory elements.

Staff do not have the right to opt out of teaching RSE. Any concerns should be discussed with the Headteacher or PSHE subject lead.

Pupils

Pupils are expected to:

- Engage positively in RSE lessons.
- Treat others with respect and sensitivity when discussing topics related to relationships and health.

8. Parents' Right to Withdraw

Parents do not have the right to withdraw their children from **Relationships Education**.

However, parents have the right to withdraw their children from the **non-statutory elements of Sex Education** that are not part of the National Curriculum for Science.

Requests for withdrawal should be made in writing using the form in **Appendix 3** and addressed to the Headteacher.

Alternative educational activities will be provided for pupils who are withdrawn from these lessons.

9. Training

Staff receive training on the delivery of RSE as part of the school's continuing professional development programme.

External visitors, such as school nurses or health professionals, may also support the delivery of aspects of the curriculum.

10. Monitoring and Review

The delivery of RSE will be monitored by the PSHE subject lead through:

- Planning reviews

- Lesson observations
- Discussions with pupils
- Feedback from staff and parents

Pupils' development in RSE is monitored by class teachers as part of the school's internal assessment processes.

This policy will be reviewed annually by the PSHE subject lead and the Designated Safeguarding Leads and approved by the Governing Body.